

38 (B) Pyi Htaung Su Street, Thathana Yeiktha Quarter Bahan Township, Yangon

Ph: +95-1-544537

MEMORANDUM

To : All MDs, All TLs and all PMCs, all TCs, all nurse teams

CC : Dr Ni Ni Tun, Dr. Cho Myat Nwe, Project Coordinators,

From : Dr. Yee Yee Aung

: 14th Aug 2023 Date

Memo Number: 016/MAM/MEMO/2023

Subject : Breast cancer screening

Breast cancer is among the most prevalent cancers worldwide in women aged 40 and above. Survival is improved with early detection. Breast cancer screening will be conducted as per the following instructions at MAM clinics to get early detection.

Activity	Target group	Responsible person	Recording	Actions
Active	Breast cancer screening	*The nurse assigned for	Will record in family	If there is no positive
screening	must be <u>offered</u> to the	family planning room	planning record or	finding, teach the
	women who come for	and cervical cancer	cervical cancer screening	women how to self-
	family planning and/or VIA	screening.	record	exam at home.
	screening if			They can come back
	- the aged 40 ≥ above or		*If the women came for	when any worrying
	- there is a self-or family		both FP and VIA services,	symptoms appear or
	history of breast- ovarian		breast examination will	every 3 years
	or cervical cancer		be recorded in the VIA	
			screening record."	• If there is a positive
Passive	Women of any age	*Medical doctor	**Will record in breast	finding, refer to MD
screening	with complaints of		cancer register and will	who will re-examine



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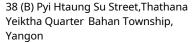
	breast lumps or any		consult with OPD record	again and will do USG
	problem in the breast		form	if there is any suspect.
	 Referral from the 			
	nurse due to			
	abnormal findings on			
	breast			
Health	Awareness session of breast	Outreach adherence		If any women
education in	cancer and self-examination	supporters, health		encountered with breast
clinic and	breast will be provided	educators, FSW peers		lump, refer to clinic for
during	together with pamphlets.			consultation with MDs.
outreach				
	Awareness posters in the			
	clinics.			

Remarks: The video of 12 signs of breast cancer in Burmese language must be displayed in the patients waiting area together with other HE videos.



12 signs of breast cancer.mp4

With best regards







	HTY A	НТҮ В	HTY C1
	Khin Thet Thet	Hnin Wut Yee	
Sat to Wed	Naing	Linn	Thinzu San
Thurs and		Su Myat Thwe	
Fri	Ei Thandar Aung	Soe	Ingyin Khaing

	SPT
Thurs to	
Mon	Khaing Zar Thwe
Tue and	
Friday	Khin Myat Su

	SDG
Mon to Fri	Yoon
Sat & Sun	Floater

	Thanlyin
Wed to Sun	Su La Won
Mon and Tue	Ingyin Thet