



## MEMORANDUM

To : All MDs, All TLs and all PMCs, all TCs, all nurse teams  
CC : Dr Ni Ni Tun, Dr. Cho Myat Nwe, Project Coordinators,  
From : Dr. Yee Yee Aung  
Date : 14<sup>th</sup> Aug 2023  
Memo Number: 016/MAM/MEMO/2023  
Subject : Breast cancer screening

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Breast cancer is among the most prevalent cancers worldwide in women aged 40 and above. Survival is improved with early detection. Breast cancer screening will be conducted as per the following instructions at MAM clinics to get early detection.

Activity	Target group	Responsible person	Recording	Actions
Active screening	Breast cancer screening must be <u>offered</u> to the women who come for <b>family planning and/or VIA</b> screening if - the aged 40 $\geq$ above or - there is a self-or family history of breast- ovarian or cervical cancer	*The nurse assigned for family planning room and cervical cancer screening.	Will record in family planning record or cervical cancer screening record  *If the women came for both FP and VIA services, breast examination will be recorded in the VIA screening record."	<ul style="list-style-type: none"><li>If there is no positive finding, teach the women how to self-exam at home.</li></ul> They can come back when any worrying symptoms appear or every 3 years  <ul style="list-style-type: none"><li>If there is a positive finding, refer to MD who will re-examine</li></ul>
Passive screening	<ul style="list-style-type: none"><li>Women of any age with complaints of</li></ul>	*Medical doctor	**Will record in breast cancer register and will	



	<p>breast lumps or any problem in the breast</p> <ul style="list-style-type: none"><li>• Referral from the nurse due to abnormal findings on breast</li></ul>		consult with OPD record form	again and will do USG if there is any suspect.
Health education in clinic and during outreach	<p>Awareness session of breast cancer and self-examination breast will be provided together with pamphlets.</p> <p>Awareness posters in the clinics.</p>	Outreach adherence supporters, health educators, FSW peers		If any women encountered with breast lump, refer to clinic for consultation with MDs.

**Remarks: The video of 12 signs of breast cancer in Burmese language must be displayed in the patients waiting area together with other HE videos.**



12 signs of breast cancer.mp4

With best regards



38 (B) Pyi Htaung Su Street, Thathana  
Yeiktha Quarter Bahan Township,  
Yangon

Ph: +95-1-544537

	<b>HTY A</b>	<b>HTY B</b>	<b>HTY C1</b>
Sat to Wed	Khin Thet Thet Naing	Hnin Wut Yee Linn	Thinzu San
Thurs and Fri	Ei Thandar Aung	Su Myat Thwe Soe	Ingyin Khaing

	<b>SPT</b>
Thurs to Mon	Khaing Zar Thwe
Tue and Friday	Khin Myat Su

	<b>SDG</b>
Mon to Fri	Yoon
Sat & Sun	Floater

	<b>Thanlyin</b>
Wed to Sun	Su La Won
Mon and Tue	Ingyin Thet