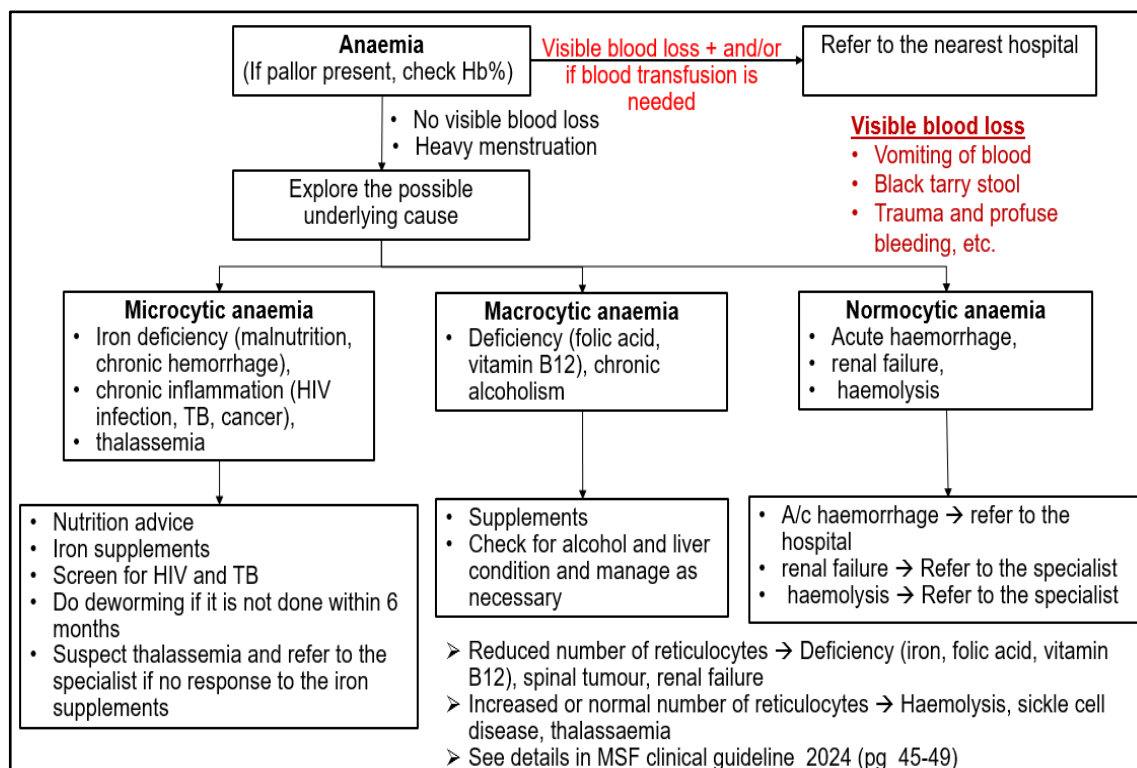


Management of pallor (anaemia)



Indication for blood transfusion

- Non-pregnant
 - Hb < 4 g/dl,
 - Hb ≥ 4 g/dl and < 7 g/dl if there are signs of decompensation or ongoing blood loss or severe malaria or serious bacterial infection or pre-existing heart disease
- Pregnant women
 - Hb ≤ 6 g/dl,
 - Hb > 6 g/dl and < 8 g/dl if there are signs of decompensation or sickle cell disease or severe malaria or serious bacterial infection or pre-existing heart

Signs of decompensation

- severe shortness of breath at rest,
- chest pain (angina),
- tachycardia (fast heart rate),
- cold extremities, hypotension
- profound weakness,
- mental confusion, and
- syncope (fainting)