

Risperidone:

- Start with 1 mg od and titrate 1mg daily until the patient feels better.
- Most people feel better at the typical effective dose of 4 - 6mg daily.
- Wait and see at a typically effective dose (4-6 mg daily) for at least 1 week.
 - If the symptoms persist after 1 week at the typical effective dose of 4-6 mg, discuss with the clinic supervisor/ PMC to consider the psychiatrist referral.
- Monitor the side effects of drugs such as weight gain, blood pressure, fasting sugar and cholesterol for persons on antipsychotics.

If you miss a dose:

- Once a day – take the missed dose as soon as you remember unless it's less than 12 hours before the next dose is due. Otherwise, leave out the missed dose and take your next dose as usual.
- Twice a day – take the missed dose as soon as you remember unless it's less than 8 hours before the next dose is due. Otherwise, leave out the missed dose and take your next dose as usual.
- Do not take 2 doses at the same time to make up for a forgotten dose.

Side effects:

- **Common:** sedation, dizziness, tachycardia.
- **Serious side effects** are rare: orthostatic hypotension, metabolic effects (elevated lipids, insulin resistance, weight gain), extrapyramidal side effects (akathisia, acute dystonic reactions, tremor, cog- wheeling, muscular rigidity, and tardive dyskinesia), elevated prolactin, sexual dysfunction, NMS (neuroleptic malignant syndrome).

If a patient suffers the extrapyramidal side effects, refer to specialist as soon as possible,

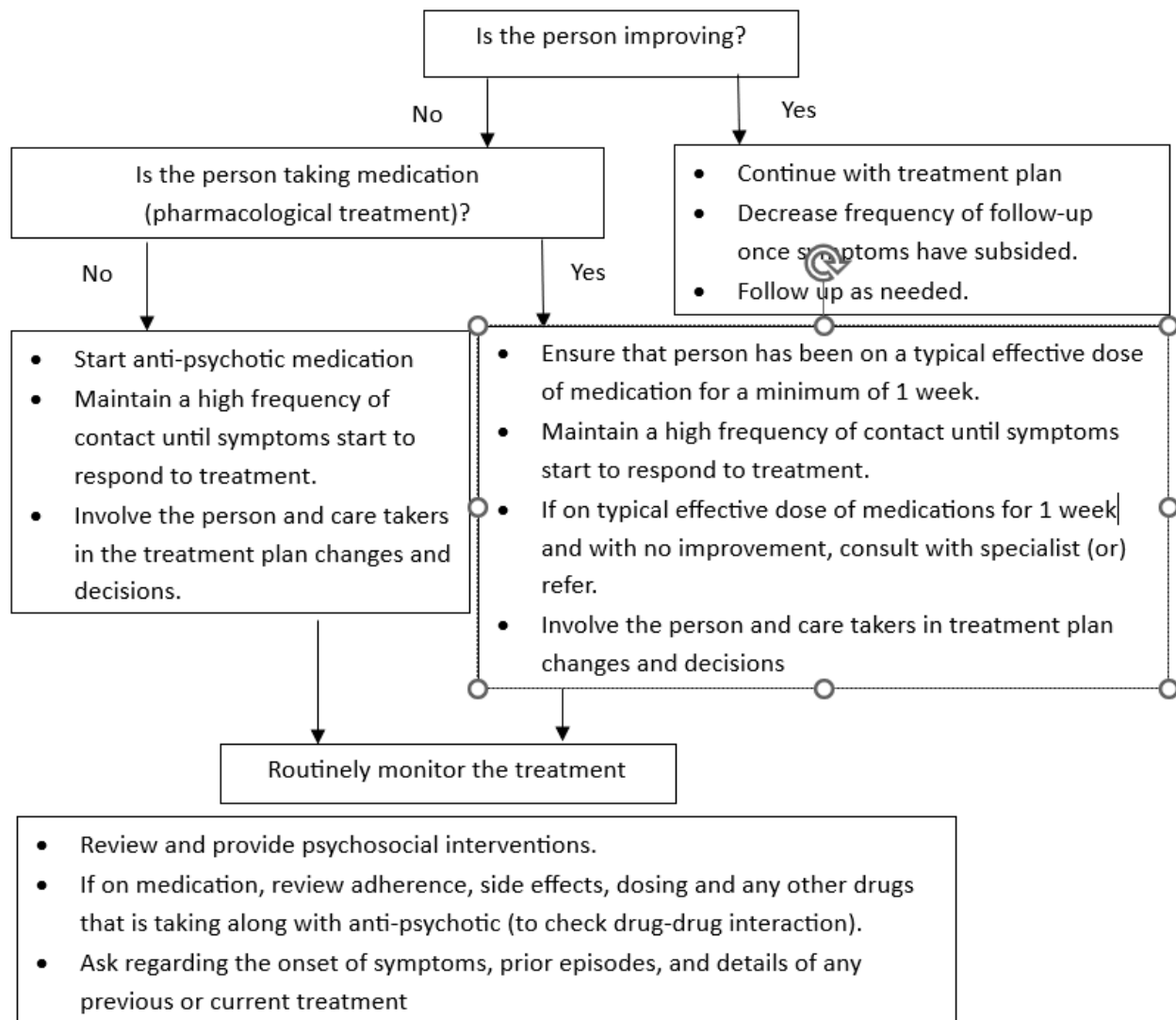
Caution in patients with:

- Cardiac disease; it raises the risk of serious ventricular tachyarrhythmias
- Hypertension; risperidone is not powerful enough to induce stroke independently, but may aggravate the effects of hypertension on the development of stroke.
- Diabetes; 24% increased risk of developing diabetes.

Drug-drug interactions: Carbamazepine can reduce levels of risperidone, whereas fluoxetine can increase levels.

Follow up after risperidone for management of Psychosis

- Schedule the second appointment within 1 week



How to consider to discontinue risperidone in Psychosis?

