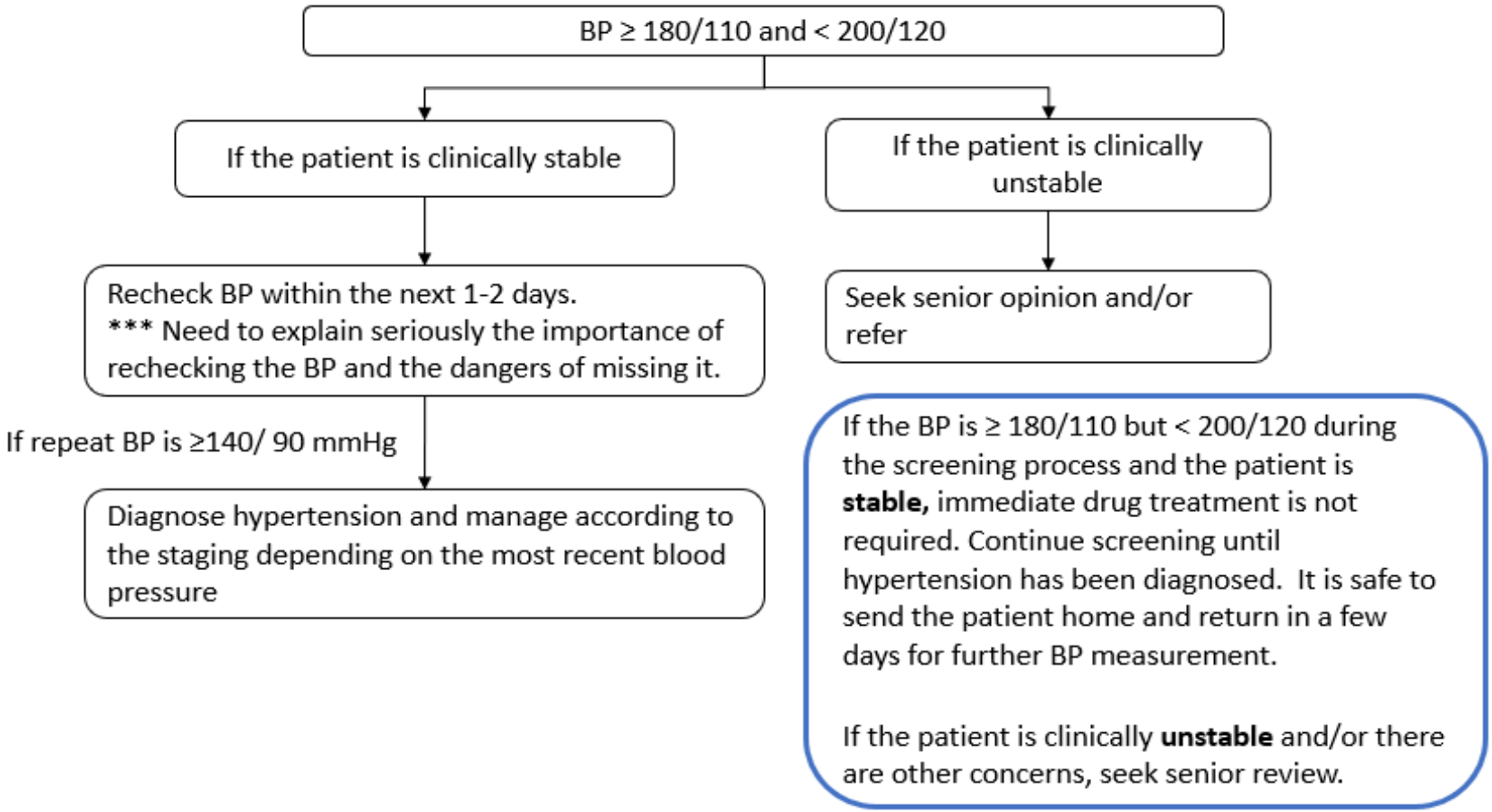Management of high BP ≥ 180/110 and < 200/120