

## Hypertension

Hypertension (HTN) is a common chronic condition that affects a significant proportion of the adult population and increases in prevalence with age. Hypertension is an important risk factor for cardiovascular disease (CVD), such as myocardial infarction (MI) and stroke, and for chronic kidney disease (CKD).

Screening, diagnosis, and appropriate treatment of HTN are critical to reduce morbidity and mortality. Because of the chronic nature of hypertension, preventing cardiovascular complications requires sustained, long-term control of blood pressure (BP) over many years.

Hypertension is usually asymptomatic, and symptoms, if present, are usually due to other causes.