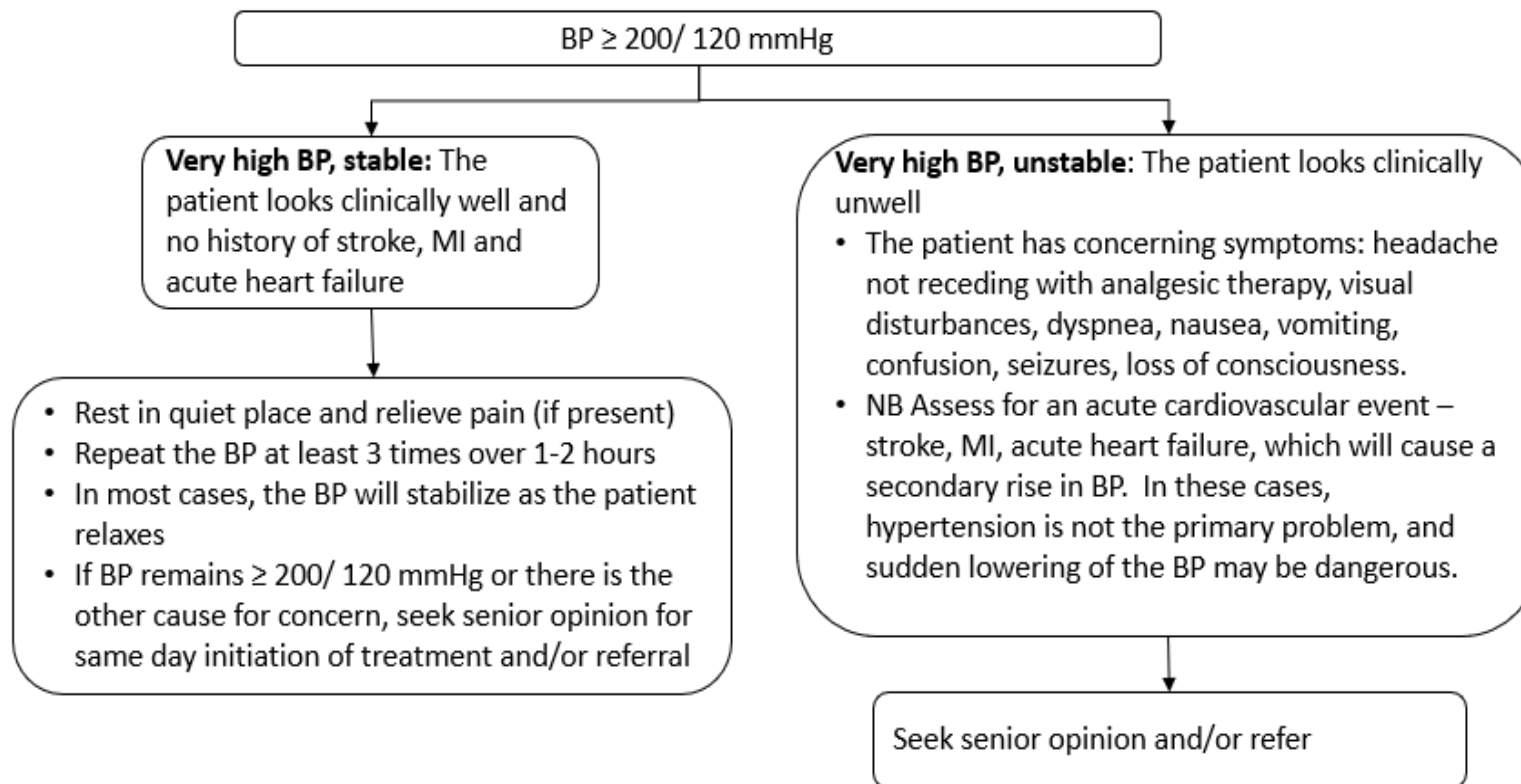


Management of very high BP $\geq 200/120$



- Avoid intravenous treatment as this is likely to lead to a sudden fall in blood pressure, which may be extremely dangerous.
- Oral medication is almost always the safest and most effective way to lower blood pressure.
- Seek senior opinion before initiating treatment
 - Oral furosemide 40 mg is the first-choice drug
 - If not available, hydrochlorothiazide 25 mg or amlodipine 5 mg are also effective

- Once the blood pressure has fallen to a safe level (<200/120), review the patient's medications, compliance, and the likely underlying cause of their hypertension
- If the patient is unwell, refer.
- If the patient has stabilized, review no later than 1 week and plan ongoing treatment.