

Laboratory investigation in NCD clients

- All patients with diagnosed NCD should receive the following investigations.
- These should be done BEFORE starting the treatment, as they will determine which treatment is appropriate:

Urine dipstick	:	Baseline and annually (for protein, blood, glucose)
Creatinine Clearance	:	Baseline and annually and if needed
Total cholesterol	:	Baseline if not performed within the last 6 months and annually.
Blood sugar	:	Hypertension: Baseline if not performed within the last 6 months and annually : Diabetes: Baseline (FBS/RBS) and every follow up (FBS/ 2HPP)
Electrocardiogram (ECG) only if a specific cardiac condition is suspected		
Only in DM clients		
ALT	:	Baseline and annually and if needed
HbA1C	:	Annually (not at the baseline)
Chest X-ray	:	Baseline, annually and if needed